

**ABSTRACT OF DISCLOSURE**

A lacrosse head having a frame and an articulated member moveably coupled to the frame. In one embodiment, a lacrosse head includes a stop member; a first sidewall connected to the stop member; a second sidewall connected to the stop member opposite the first sidewall; and a scoop connected to the first sidewall and the second sidewall opposite the stop member, wherein the first sidewall includes a first member integrally connected to the stop member and the scoop, and a second member moveably coupled to the first member. The second member can include pocket thread openings for attaching a pocket to the head. The lacrosse head can also include a stiffening member attached to the scoop and a sidewall of the frame, and a collared male plug for joining the frame to a hollow shaft.

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